



**2015  
HUMANITIES, MEDICINE  
& WELLNESS**

## **Compassion as a Path to Health and Happiness:**

# **BRAIN AND BODY**

KEYNOTE SPEAKER:

### **Charles L. Raison, MD**

Professor in the Department of Psychiatry, College of Medicine, and the Barry and Janet Lang Professor of Integrative Mental Health at the Norton School of Family and Consumer Sciences, College of Agriculture and Life Sciences, University of Arizona

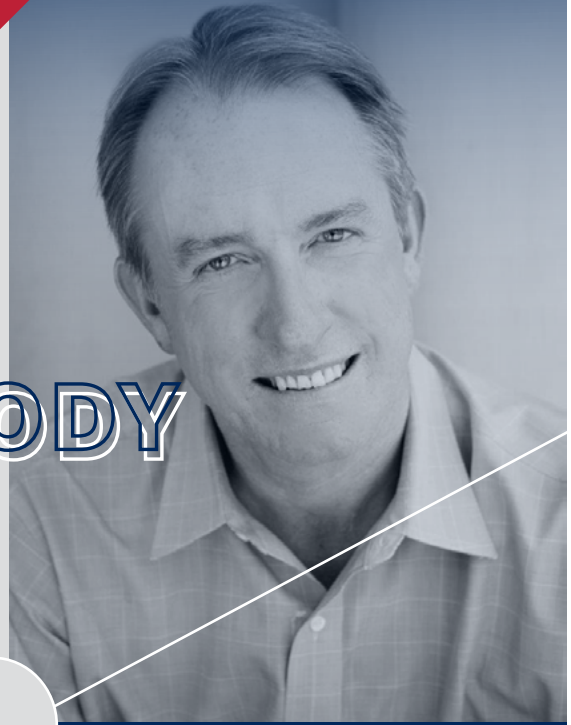
RESPONDENTS:

### **Albert Welter, PhD**

Professor and Head,  
Department of East Asian Studies

### **Fenton Johnson, MFA**

Associate Professor of Creative Writing,  
Department of English



Charles Raison, MD, is Professor in the Department of Psychiatry, College of Medicine, and the Barry and Janet Lang Professor of Integrative Mental Health at the Norton School of Family and Consumer Sciences, College of Agriculture and Life Sciences, University of Arizona. Dr. Raison also serves as the founding Director of the Center for Compassion Studies in the College of Social and Behavioral Sciences at the University of Arizona. Dr. Raison is internationally recognized for his studies examining novel mechanisms involved in the development and treatment of major depression and other stress-related emotional and physical conditions, as well as for his work examining the physical and behavioral effects of compassion training. The recipient of several teaching awards, Dr. Raison has received research funding from the National Institute of Mental Health, National Center for Complementary and Alternative Medicine, and the Centers for Disease Control and Prevention. In 2014 Dr. Raison received the Raymond Pearl Memorial Award from the Human Biology Association "in recognition of his contributions to our understanding of evolutionary biocultural origins of mental health and illness." In addition to his activities at University of Arizona, Dr. Raison is the mental health expert for CNN.com.

**▶▶▶ JOIN US!**

**FRIDAY, February 6 @ 5:30 pm**

**Kiva Room**

**UA Student Union Memorial Center**

*Light reception to follow in the San Pedro Room*

**Sponsored by the University of Arizona Institute for the Study of Religion and Culture (ISRC), a member of the Consortium of Humanities Centers and Institutes (CHCI)**

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